

Women's College, Calcutta

Best Practices

2021-22

Title of the Practice:

➤ **Community outreach programme**

The college carries out extension activities in the neighbourhood community involving students and sensitizing them to social issues. The college has the NSS Unit and as part of its community welfare service runs a government registered NGO, called *Srijan Centre for Community Welfare* with around 40 beneficiaries. Srijan works with youngsters of the neighbourhood slum on a regular basis, guiding them through various cultural activities in addition to providing scholastic assistance. Behind this appreciable work of Srijan lies the praiseworthy and relentless dedication of the teachers of Srijan, the alumni of Women's College, Calcutta.

➤ **Enhancing activities of the students**

- Cultural events

The college has a tradition of organising teacher-student collaborative cultural programmes. The Cultural Committee organises college Social and other cultural events. The students and teachers enjoy close camaraderie and join in various workshops organised by the Cultural Committee, Dance Club and the NSS.

- Placement

The college invites different companies for the placement in IT companies, Retail, and Front Office jobs. Mock tests and training programmes are held regularly to make the students more equipped for the present job market. The different government and non-government jobs are regularly updated in the website by the alumni association.

- Psychological Counselling

The college has a psychological counselling cell, managed by the department of Psychology, where the students can openly express their stress-related disorders both in their academic and personal lives. Every individual problem is treated with utmost attention by the cell members.

- **Career Counselling**

Career Counselling programme are arranged by the Institution through the IQAC sub-committee like the Placement Cell. Here the students are groomed on the basic principles of job applications, interview appearances and soft skills which give a boost to their confidence and open up new avenues before them.

- **Parent-Teacher Association**

The college has a regular communication channel between the teachers and parents. Parent-teacher meetings for students of each year are held regularly, dates of which are mentioned in the prospectus. The feedback from the parents is carefully reviewed by the college.

➤ **Enhancing Research Activities**

- The Research Cell encourages teachers to take part in various research activities. In today's globalised world, an academic institution's role in research is critical for its long-term viability and development, and knowledge-driven growth based on innovation is essential. The pursuit of knowledge is central to research.
- The Printing and Publication Cell, IQAC brings out an annual peer-reviewed journal, titled, Journal of Social Science and Welfare in collaboration with Indian Institute of Psychometry. The ISSN number of the journal is: 2348-2974. The thrust area of the journal is Social Science, Psychology and Health Sciences.

Impact of the Practice

- i. The practice of being attached to social causes as part of their academic training goes in building the morale of the students and help themselves to enrich as better human beings.
- ii. Participation in cultural events broadens our students' cultural horizons. The presence of counselling cells helps people solve their own emotional, social, personal, and interpersonal problems. Career counselling assists them in understanding their career options and how to pursue them. Career counselling assists them in understanding their own strengths and weaknesses

in relation to their current course or profession, as well as determining what career they would be best suited for.

- iii. Parent's Association are informal groups where parents can raise issues, be consulted on their child's problems and give their views.
- iv. Research allows young scholars and professionals to pursue their interests, to learn something new, to hone their problem-solving skills and to challenge themselves in new ways. They can submit papers to the journal, which helps them advance in their careers.

Resources required

- i. A dedicated group of teaching and non-teaching staff, members of our alumni association and students as well as financial help from institution and benefactors as and when required.
- ii. Active participation of members of different committees and cells.

About the Institution

- i. Name of the Institution: Women's College, Calcutta
- ii. Year of accreditation: 2016
- iii. Address: P-29 Kshirode Vidya Vinode Avenue, Kol – 700 003, West Bengal, India
- iv. Grade awarded by NAAC: B++ (CGPA: 2.87)
- v. Year of accreditation: 2016
- vi. Email: womenscollegerkolkata@gmail.com
- vii. Contact Person for further details: Smt. Swati Sengupta, Teacher-in-Charge
- viii. Website: <https://www.womenscollegerkolkata.ac.in>