

FACULTY PROFILE



Dr. Chandana Aditya

(Assistant Professor, Dept of Psychology)

Dr. Chandana Aditya joined the department of Psychology in the capacity of Assistant Professor on and from 1st October, 2016. She was awarded her **PhD** degree in **2004** from University of Calcutta in Applied Psychology. Title of her **PhD Dissertation** is “**Effect of Hindusthani Music (Instrumental) on the Emotional Arousal and Catharsis in Relation to Personality Dispositions**”. She completed her B Ed in Special Education in 2005-2006 sessions from Jadavpur University. She received **National Scholarship** in Under Graduate Level and qualified **National Eligibility Test (NET)** for lecturer ship in 2013. She is **Lifetime Member** of **IIP** and **IARA**. Annual and renewable affiliate member of **IPS**. She received training in clinical psychiatry in her PG days. She is also undergoing **training in Psychoanalysis** from Indian psychoanalytical Institute functioning under **Indian Psychoanalytical Society (IPS)**.

Her achievements in respective and related field are as follows:

Publication in Refereed Journals:

Chatterjee, I. and Aditya, C. (2008) Somatization—the Upper Crust of Hidden Depression. Journal of Psychometry, Indian Institute of Psychometry, Vol 12(2). Pp- 1-5. ISSN: 0971-6939.

Aditya, C. and Ghosal, A. (2008) Cathartic Responses of Listeners to North Indian Classical Music in Relation to their Need Patterns. Samiksa, Vol 59, 2007-2008, Bi Annual . Journal of the Indian Psychoanalytical Society. (**Affiliated to International Psychoanalytical Association**).

Chatterjee, I., Aditya, C. & Ghosal, C. (2011) Personality Dimensions and Mental Health Conditions of Parents with Mentally Retarded Children. Journal of Psychometry, Indian Institute of Psychometry, Vol 25 (1). Pp- 77-81. ISSN: 0971-6939.

Chatterjee, I. and Aditya, C., (2012) Organizational role Stress, Coping Styles and Cognitive Style towards the Development of Wellbeing among BPO professionals. International Journal of Management Research and Review, Vol-1, Issue-4, pp- ISSN 2249-7196.

Aditya, C. and Sinha, D., (2013) Mobile Use Pattern among Students of Calcutta and Howrah and its Relation with their Self Esteem and Subjective Wellbeing. Journal of Psychometry, Indian Institute of Psychometry, Vol 27 (2). Pp- 2-13. ISSN: 0971-6939.

Aditya, C.& Ghosh, R. (2014) Study Habits of Secondary School Students of Working and Non-Working Mothers. IOSRJHSS, Vol- 19(10) version 1. Pp-12-15. P-ISSN-2279-0845, e-ISSN: 2279-0837. Impact factor 4.621, on September 2019.

Aditya, C. & Dutta, A. (2014) A Comparative Study on Depression and Reasons for Living among Medical and Non-Medical Undergraduate Students in Calcutta. International Journal of Management and Computing Sciences, Vol 4(3-4). ISSN: 2231-3303.

Aditya, C. (2015) Gender Therapy---A Latest Trend to solve Social Issues. International Journal of Research in Management & Social Science. Vol3(2). Pp-50-54. ISSN:2322-0899. Impact factor: 2017: 6.605

Aditya, C., (2015) teachers' preparedness in Inclusive Education --- Indian Scenario. Scholars' Quest: Journal of Educational Research. Vol 2(2). Pp-34-40. ISSN : 2395-0633.

Datta, A., Aditya, C., Chakraborty, A., Das, P., Mukhopadhyay, A. (2015) The Potential Utility of Acceptance and Commitment Therapy(ACT) for Reducing Stress and Improving Wellbeing in Cancer Patients in Kolkata. Journal of Cancer Education. Springer. ISSN 0885-8195. DOI10.1007/s13187-015-0935-8.

Aditya, C., (2017) Psychoanalytical Significance of Music in Social and Personality Development of an Individual. International Journal of Research in Management & Social Science, vol- 5 (2) pp-86-90. ISSN: 2322-0899.

Aditya, C. And Sen Mitra, M. (2018) A Psycho-semiotic Analysis of the 'Mediatized' Text through Gender Lens. IJRSML. Pp-72-74. ISSN: 2321-2853. Impact Factor 4.9.

Conference Proceedings

Aditya, C. and Mondal, J. (1998) Personality Characteristics and Social Variables of Drug Addicts. Readings in Applied Psychology, Calcutta University, 56-61.

Aditya, C., Women in Advertisement: Honour or Exploitation? (2007). Proceedings of U.G.C sponsored National Conference on Philosophy of Equity and Development.

Aditya, C. & Bhattacharya, A (2014). A study on Self Concept, Associated with Parent-Child Interaction among the Children Exhibiting Problem Behaviour. Proceedings of International Conference on Perspective of Higher Education, Department of Education, Mumbai. Pp-295-301.

Aditya, C., Bhattacharya, B. and Chakraborty, T (2014). Parental Attitude toward the Special Need of their Child in Respect to Gender, Birth Order and Type of Special Need. International Conference on Developmental Disability (ICDD) Proceedings, Department of Psychology, Centre for the Study of Developmental Disability (SAP, DRS I). ISBN: 9789-38476-4005.

Aditya, C. and Sen Mitra, M., (2018) Consumerism and Post Capitalist Consequence on Mass Media: A Psychological Approach. 38th Annual Conference Proceedings of Bangiyo Arthanaitik Parishad. Arthabeekshan, Vol-27(1) pp-77-79. ISSN: 0972-1185.

Aditya, C. (2020) Resolving Gender Binary through Digitalization in Rural India: Emphasis on Women Empowerment in two-day National Conference on Science and Technology: Rural development, Book of Abstracts, National Conference, ISCA, Kolkata Chapter.

Edited book :

Aditya, C. (2015) A Dynamic Approach to Globalization in its 25th year in India. Ed. Chandana Aditya, Shelly De (Pandit) & Baisakhi Ghosh, Sanskrit Pustak Bhandar, Kolkata. ISBN: 978-93-83368-68-6

Book Chapters

Aditya, C. (2014) Vivekanada and Rabindra Nath Tagore: Faces of East in West. The Socio political Thoughts of Swami Vivekanada. Ed. Karabi Mitra & Ranjana Sarkar (Ghosh), Readers Service, Kolkata. Pp-57-67. ISBN: 978-9382623-39-7.

Aditya, C. (2014) Environment and Development from the Psychological Perspective: Issues and Concerns. Ed. Ranjana Sarkar (Ghosh) & Radha Ghosh. Readers Service. Pp- 82-96. ISBN: 978-93-82623-48-9.

Aditya, C., (2015) Human Rights and Psychological Well Being. Human Rights, Disciplines and Dimensions. Ed. Kalyani Sarkar & Ranjana Sarkar (Ghosh), Avenel Press, Burdwan, West Bengal. Pp-166-171. ISBN: 978-93-80761-91-6.

Aditya, C. (2015) Humanism and Self Actualization --- As Viewed by Mahatma Gandhi. Reflection on the Philosophy and Thoughts of Mahatma Gandhi. Ed. Karabi Mitra & Ranjana Sarkar (Ghosh) , Sahitya Sree, Kolkata. Pp -40-44. ISBN: 81-86386-31-9.

Aditya, C. (2015) Globalization-- Boon or Blight? An Overview in the Context of some Important Psychological Issues. A Dynamic Approach to Globalization in its 25th year in India. Ed. Chandana Aditya, Shelly De (Pandit) & Baisakhi Ghosh, Sanskrit Pustak Bhandar, Kolkata. Pp-1-14. ISBN: 978-93-83368-68-6

Aditya, C.(2018) Role of Psychology in fulfilling the Goal of Sustainable Development . Contemporary Environmental Issues and Perspective. Ed. Ruma Bhattacharya, Papiya Ghosh and Debjani Mitra. Readers Service. Pp-177-187. ISBN: 978-93-82623-85-4.

Aditya, C. (2020) Reviewing Appreciative Inquiry through the Lens of Emotional Intelligence, Intrinsic Motivation, and Need Hierarchy. Appreciative inquiry approaches to organizational transformation. Ed. Bhattachary, Sudipto and Chakraborty, Tanusree. IGI Global. Hershey PA, USA. ISBN 9781522596752 (hardcover) | ISBN 9781522596776 (ebook) | ISBN 9781522596769 (softcover).

Papers Read in Seminar. Not Published

Aditya, C., and Ghosal, A. Nature of Emotional Arousal by Two North Indian in Relation to Listeners' Personality Dispositions-----A Mixed Method Approach. (2008) The 12th International and 43rd National Conference of the Indian Academy of Applied Psychology.

Aditya, C., Ghosal, A. Culture and Psychology: Chronicle of a Psychologist (2009) Sodash Pachimbanga Rajya Bigyan O Prajukti Congress.

Aditya, C., Ghosal, A. and Bhattacharya, L. A Comparative Study on Parental Depression of Special Need Children (2010) Saptadash Pachimbanga Rajya Bigyan O Prajukti Congress.

Aditya, C., and Chatterjee, I. A Comparative Study of Personality Dimensions of Parents with and without Mentally Retarded Children (2011) Astadash Pachimbanga Rajya Bigyan O Prajukti Congress.

Dutta, A., and Aditya, C. A Study on Mobile Use Pattern and Self Esteem of College Goers of the Metropolitan City of Kolkata. (2011) Astadash Pachimbanga Rajya Bigyan O Prajukti Congress. (A State-level Science Congress).(**Awarded Paper of Excellence**).

Mitra,S., and Aditya, C. A Study on Occupational Stress of High School Teachers Of Different Districts in West Bengal (2011) Astadash Pachimbanga Rajya Bigyan O Prajukti Congress.

Aditya, C. and Chatterjee, I. Gender Difference in Respect to Different Aspects of Mental Health of High School Students in the City of Kolkata and South 24 Parganas (2011) Community Mental Health: Issues and Challenges. DRS I (SAP), UGC, Dept of Applied Psychology, CU.

Aditya, C. and Dutta, A. A study on Mobile Use Pattern and Self Esteem of College Goers of Metropolitan City of Calcutta. (2011) International Conference on "Students' Mental Health: Issues and Challenges".

Aditya, C. Mental Wellbeing of Trainee and Working Nurses of the Medical Colleges of Calcutta(2012)National Conference on Emerging Research Paradigms in Business Management, George College and WBUT.

Aditya, C. Juvenile Delinquency---- A Case Study with Psychodynamic Orientation (2012) UGC Sponsored National Seminar on Juvenile Delinquency in India Current Trends.

Aditya, C. Mobile Use Pattern among UG Students of Calcutta and Howrah and Its Relation With Their Self Esteem and Subjective Well being(2013) 100th Indian Science Congress, The Indian Science Congress Association (Poster).

Aditya, C. West Follows East: Foreign Disciples and Followers of Swami Vivekananda and Gurudev Rabindra Nath Tagore (2013) UGC Sponsored State Level Seminar on “Socio-Political Thoughts of Swami Vivekananda”.

Current Project

At the present moment Dr. Aditya is working with a RCI Registered Practicing Psychotherapist and a doctor associated with UNICEF to develop a Student Mental Health Scale with the purpose of screening students who require professional assistance for their improved functioning in the field of education and life as a whole.

AWARDS AND RECOGNITION:

Dr. Chandana Aditya, Assistant Professor, has received following recognition in the year 2019-2020

1. Subject expert in Selection Committee for the interview for the post of Guest Lecturer (dept of Psychology) in Bangabasi College, on 29th January.2019.
2. Panelist for Panel Discussion on “Gender Equality in the line of Sustainable Development Goals 2030 on the occasion of International Women’s Day 2019. Organized by Library and Information Division of National Library (A Sub-ordinate office under Ministry of Culture, Government of India), on 11th March 2019.
3. Expert External Examiner for B.A. (Hons) Applied Psychology, 2nd year, semester 4, Practicum I in Amity University, on 25th April, 2019.
4. Invited Lecture on Resolving Gender Binary through Digitalization in Rural India: Emphasis on Women Empowerment in two-day National Conference on Science and Technology: Rural development, jointly organized by Indian Science Congress Association (ISCA) Kolkata Chapter and Surendranath College. 20-21 January, 2020.
5. Judge of the Poster Presentation in the same Conference.
6. Invited speaker in a Webinar on “World Book Day 2020” organized by National Library, Kolkata, Government of India on 23rd April, 2020. Topic was “Book: A Friend who Needs no Social Distancing”.
7. Invited Online Lecture on “Music Therapy” organized by Legal Aid Services, West Bengal on 5th June,2020