

DR. SOHINI ROY

ASSISTANT-PROFESSOR

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SUBJECTS TAUGHT:

- Food Science and Nutrition
- Nutrition in Society
- Food Science and Chemistry
- Functional Foods and Nutraceuticals
- Advanced Nutrition
- Therapeutic Nutrition
- Food Safety and Quality Control

RESEARCH INTERESTS:

- Utilization of Low-Cost and Neglected Foods for Upliftment of Nutritional Status
- Functional Foods and Nutraceuticals
- Nutrition and Mental Health
- Nutrition in Cancer Patients

ACADEMIC/PROFESSIONAL ENGAGEMENTS

Name of Institution	From	To	Position
Women's College Calcutta	2016	2016	Assistant Professor
Tata Medical Centre, Kolkata	2014	2014	Observership in GI Oncology
Department of Home Science, University of Calcutta	2009	2016	Guest Lecturer (Food & Nutrition)
Gokhale Memorial Girl's College	2006	2007	Guest Lecturer (Clinical Nutrition & Dietetics)
Maharani Kasiswari College	2005	2010	Part-time Lecturer (Food & Nutrition)
Department of Home Science, University of Calcutta	2005	2010	Researcher (Food & Nutrition)

JOURNALS & PUBLICATIONS

Title	Journal	Year
Functional foods for mental health promotion	Journal of Mahatma Gandhi Institute of Medical Sciences	2020
Studies on The Acceptability of Some New Food Products Prepared from The Seeds of <i>Cucurbita maxima</i>	International Organization of Scientific Research Journal of Environmental Science, Toxicology and Food Technology	2015
Quantitative Estimation of Some Essential Minerals in the Seeds of <i>Cucurbita maxima</i>	Science & Culture	2009
Quantitative estimation of some macro & micro nutrients present in <i>Centellaasiatica</i> (Thankuni) collected from local market of Kolkata, West Bengal, India	Proceedings, National Conference on Future of Food Biotechnology in India	2009
Studies on the Acceptability of Some New Food Products Prepared from the Seeds of <i>Cucurbita maxima</i> (Abstract)	Proceedings, National Conference on Future of Food Biotechnology in India	2009

SEMINARS/WEBINARS AND WORKSHOPS

Seminar/Webinar	Organizer	Year
Food & Mood- Aspects of Healthy Life	Maharani Kasiswari College in collaboration with Bangladesh Academy of Dietetics and Nutrition	2020
Tropical Cyclones- Lessons Learnt from Amphan	Narasinha Dutt College, Howrah	2020
Webinar Series on “Sustainable Living” - Dietary Guidelines and Food Safety in post COVID Socio- economic Scenario - Speaker	Raidighi College	2020
Priming our Immune system for Vital Health	Department of Food Service Management and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	2020
'Nutrition & Diet Perspective: COVID 19 Pandemic Scenario'	Asansol Girls' College	2020

Nutrition security challenges and importance of nutrition to boost the immune system during covid-19 pandemic	SHUATS, Prayagraj	2020
One Day National Conference on Food and Nutrition Security: Thus Far and Further	NSI, Calcutta Chapter	2018
Cancer Nutrition Workshop	Abbott Nutrition in collaboration with Tata Medical Centre Kolkata, Fortis Hospital kolkata	2014
Basic GCP Workshop	Tata Medical Center, Kolkata	2014
National Symposium on Problems of Anaemia in India: Genetics & Environment	Dept of Genetics &Thalassaemia Unit, Ramakrishna Mission SevaPratisthan, Vivekananda Inst of Medical Science, Kolkata	2007
39th National Conference Nutrition Society of India (Poster Presentation)	National Institute Nutrition (Indian Council of Medical Research), Hyderabad	2006
Workshop cum Training Program on Food Safety	The Zoological Society, Kolkata in Technical Collaboration with Central Food Research Laboratory, Govt of India, Kolkata	2006
Prospect & Problems of Higher Education in India	Maharani Kasiswari College, Kolkata, India	2005
Vocational Training & Capacity Building for Marginalized Women Project	Supported by GOAL, Karma Kuthir	2005
Seminar on ideal body weight- How to achieve?	International College of Nutrition, Calcutta Chapter	2003

Life membership

- **NSI (Nutrition Society o f India)**
- **IDA (Indian Dietetic Association)**